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Lawyer lashes out at federal minister

FIREBOMBING A lawyer for one of the men accused of firebombing an Ottawa bank is taking the federal government to task for commenting on the charges.

Lawrence Greenspon said yesterday it's not right for public figures to talk about a case before the courts, noting a presumption of innocence is "a fundamental pillar of our criminal justice system."

Public Safety Minister Vic Toews issued a statement Saturday applauding police shortly after they held a rare Saturday morning news conference to announce charges against Clement and two other Ottawa men.

"The dedication and tireless work of police has once again succeeded in making our communities safer," Toews said.

THE CANADIAN PRESS

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Army

Changing of the guard

SEAN KILPATRICK/THE CANADIAN PRESS

Gen. Walt Natynczyk, middle, takes part in a signing ceremony as Lt.-Gen. Andrew Leslie, left, hands over command of the army to Lt.-Gen. Peter Devlin, right, during a ceremony yesterday at the National War Museum.

Spezza done with Sens?

GM expects he'll be back, but says forward 'wouldn't object' to a trade

Jason Spezza's days in Ottawa could be numbered after general manager Bryan Murray admitted yesterday that the star centre told the team this spring he "wouldn't object" to a trade.

And while Murray still expects to have Spezza back in the Senators lineup next season, he also said he'd be open to moving the veteran forward if the right deal could be found.

"He said he wouldn't object to one," Murray recounted of his year-end exit meeting with Spezza following the Senators' first-round playoff loss to the Pittsburgh Penguins in April. "He didn't come in and say, 'I have to be traded.' He didn't object to that fact that, 'Maybe it's time. The way I've been received ... maybe it's time that I look around.'

Jason Spezza

"I said, 'Well, unfortunately, that just doesn't happen. You've signed a long-term contract. We've committed to you. You've committed to us. We will look at everything that's going to help our hockey team, but I'm not going to make a bad trade.'"

Murray was speaking with the media yesterday before departing for the NHL's entry draft in Los Angeles later this week.

A no-movement clause in Spezza's contract takes effect July 1 and his future in Ottawa has been the subject of speculation ever since Murray made it public following the season that the 27-year-old Toronto native wasn't happy with being subjected to jeers from Senators fans during the six-game defeat to Pittsburgh.

Although Spezza has since stated that he'd be happy returning to Ottawa and tried to play down talk of a move, it wasn't enough to completely extinguish rumours that he wants out. Murray's comments yesterday will only likely reignite them.

THE CANADIAN PRESS

ShareYourViews
ottawaletters@metronews.ca

Lansdowne Park design boring, Uhlir says

TIM WIECLAWSKI
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UNDERWHELMED Lansdowne Park looks like it's going to be boring.

At least that's the impression Ed Uhlir, the director of design for Chicago's Millennium Park Project, got after looking at the proposed plans for the area.

"Parks have to be fun and I didn't see that aspect in the plan that I saw," Uhlir said yesterday during a visit to Ottawa.

Since it opened in 2004, the $475-million, 24.5-acre public space in downtown Chicago has become a global landmark, with well-known features like the Frank Gehry-designed Jay Pritzker Pavilion and the giant mirrored bean sculpture, Cloud Gate, by Anish Kapoor.

"You don't have to spend the kind money of we spent on Millennium Park," he said.

As people became more excited about the project, more private donors came forward with money, which meant the scale of the project grew.

Millennium Park elevated Chicago's standing as a global city, Uhlir said.

The plan for Lansdowne hardly rates as a regional destination, he said.

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Local

Deputy chief named victims' ombudsman

Ottawa Police Deputy Chief Sue O'Sullivan, left, has been appointed the federal ombudsman for victims of crime, the government announced yesterday. O'Sullivan, a graduate of Carleton University who started her career in 1981, takes over the post on Aug. 16. The ombudsman's role is to ensure the federal government meets its commitments to promote access to programs and services and to identify and explore victim issues. METRO OTTAWA

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News in brief

PROSTITUTION Ottawa police arrested 24 people — three men and 21 women — during a two-day prostitution sweep in Centretown, Lower town and Vanier last week. The sweep is part of an ongoing effort to deal with community-identified prostitution and prostitution-related problems.

CHARGES Police have charged an 18-year-old Ottawa man in connection to a stabbing incident over the weekend. Police responded to a stabbing in the area of Hazeldean and Eagleson roads late Saturday night. They charged a man with aggravated assault, assault with a weapon, possession of a dangerous weapon and two counts of failure to comply with undertaking. Cory Lacroix appears in court Thursday.

FIRE A kitchen fire caused $45,000 in damages to a home Sunday night. Firefighters were called to a fire at 33 Johnswoods where firefighters said a fire began in the kitchen near the stove area and extended to cupboards. Three people suffered smoke inhalation.

METRO OTTAWA

metronews.ca
What's online today.

Your Money Allan Small on the culprits behind market volatility and how to cope with it at **metronews.ca/investing**

Lotteries

Ontario Pick 3: 030; **Ontario Pick 4:** 3122
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Daily Keno: 1, 3, 11, 15, 20, 21, 25, 31, 34, 36, 37, 38, 40, 47, 50, 57, 58, 66, 67, 68.
These results are not official.

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Aboriginal cultures must be upheld: GG

Native language plaques unveiled at monument

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It is the responsibility of all Canadians, both aboriginal and non-aboriginal, to preserve indigenous cultures for the future, the Governor General of Canada said yesterday.

Speaking at a dedication ceremony at the Canadian Tribute to Human Rights Monument yesterday, Michaëlle Jean said it is "our collective right and responsibility" to preserve indigenous culture and tradition "to protect their past, present and future manifestations with zeal.

"We have to do this all together," she said. "As I said many times before, indigenous cultures are the ... most precious part of our collective heritage. It is incumbent on all Canadians, aboriginal and non-aboriginal, to preserve this ... for many generations to come.

"When aboriginal cultures disappear, non-aboriginal cultures will also be deprived of the unique opportunity to learn about these cultures and appreciate their spirit and beauty," she said.

Yesterday, officials unveiled the last 26 of 73 language plaques — which read Equality, Dignity, Rights in Canada's aboriginal languages — at the Canadian Tribute to Human Rights Monument to mark National Aboriginal Day.

"A very small group of us joined together on Dec. 10, 1983, International Human Rights Day, to begin the process of creating a permanent meeting place marking the historic and continuing struggles in Canada and everywhere for fundamental human rights," said Hania Fedorowicz, co-founder of the Canadian Tribute to Human Rights.

"The key function of the monument is educational — to inform, but also inspire," she said. "We believe that until all rights are respected, none are secure."

Whether they live in cities, urban settings, on reserves, or on settlement lands, First Nations, Inuit and Metis should stand united, said Assembly of First Nations National Chief Shawn Atleo, who read one of the plaques yesterday. "Let's make good on the vision of the ancestors."

"I feel this is a very significant day to honour aboriginal cultures," said Mary Simon, president of the Inuit Tapiriit Kanatami.

TRACEY TONG/METRO OTTAWA

It is incumbent on all Canadians, aboriginal and non-aboriginal, to preserve indigenous cultures for the future, said Gov. Gen. Michaëlle Jean at the Canadian Tribute to Human Rights Monument on National Aboriginal Day yesterday.

> **"Indigenous cultures are the ... most precious part of our collective heritage."**
> Gov. Gen. Michaëlle Jean

Video unveils women's electoral concerns

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

ISSUES There is no better time than during an election to influence government policy, according to spoken word artist Beth Schilling.

With that in mind, Schilling and 25 women from the City for All Women Initiative have released a video of a poem to call attention to the issues they feel are important in the upcoming municipal election.

"We're hoping with this video production that the candidates will hear what people want and will respond, so we can have a more democratic and inclusive Ottawa," said Schilling.

CAWI member Linda Kinsella said they would prefer that transit fares hold steady for a while, but if they have to go up, then keep them to the rate of inflation.

Linda Kinsella

CAWI also wants the city to increase subsidies for child-care spaces in the communities. She said too often women have to travel a long distance to find a day-care space for their child.

Kinsella said they also want to make sure that the funds made available to the city when the provincial government uploads the cost of the Ontario Disability Support Program go toward health and social services.

"That money comes from the social services budget, so rather than going back into the general coffers, we would like it to go toward social services," said Kinsella.

While the CAWI is not strictly out to support female candidates, Kinsella said there is a bit of concern with the low number of women running for council. As of yesterday, 15 out of almost 90 candidates were women.

Support for classical genre drives Music and Beyond fest

CONCERTS A new classical music festival launching in Ottawa this summer is meeting a "huge demand," said the artistic and executive director of Music and Beyond.

"People kept calling to say they were leaving Ottawa in the summer to hear classical music," said Julian Armour. "I really wanted to respond to the erosion of support for classical music in society generally — on the radio, in schools and in performance."

Featuring 350 musicians and 82 concerts in its first season, Music and Beyond, which runs July 5–14, presents classical music in all its forms, including orchestras, ensembles, choirs and Baroque groups in venues including the National Arts Centre, the National Gallery of Canada and downtown churches.

TRACEY TONG/METRO OTTAWA

July 5-14

- Performers include legendary soprano Kathleen Battle, who has performed worldwide with artists including Jessye Norman, Luciano Pavarotti and Wynton Marsalis; Grammy award-winning pianist Peter Serkin; acclaimed pianist Menahem Pressler; the Hilliard Ensemble; the Canadian Brass and the Theatre of Early Music.

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Toilet replacement program to end soon

City residents have until the end of the month to buy water-efficient toilets before the city's toilet replacement program ends. The city will have replaced an estimated 14,100 toilets upon the program's conclusion. METRO OTTAWA

News in brief

MEMORIAL Guides and sentries are back on duty by the National War Memorial. The ceremonial sentries will remain until Aug. 28, while the guides will be on site seven days a week, from 9:30 a.m. to 5 p.m., from June 19 through Sept. 7. METRO OTTAWA

Confederation **Respects paid**

TRACEY LONG/METRO OTTAWA

Minister of Veterans Affairs and Minister of State (Agriculture) Jean-Pierre Blackburn lays a wreath at the base of the National Aboriginal Veterans Monument in Confederation Park yesterday to mark National Aboriginal Day.

Quitter determined to share webisodes

TIM WIECLAWSKI
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TIM WIECLAWSKI/METRO OTTAWA

Chelsea-based marathoner Ray Zahab, a former pack-a-day smoker, is hosting Smober Up webisodes, which follow eight average Canadians in their quest to quit smoking.

The day Ray Zahab quit smoking, was a day that changed his life completely.

In 1999, Zahab, a resident of nearby Chelsea, was a long way from being the ultra-marathon and adventure runner that he is today. He dabbled in sports and outdoor activities, but they would all end with a cigarette at the car. He smoked up to a pack a day for around 15 years.

Finally on New Year's Eve 1999, he smoked his last cigarette and changed his life in ways that he could have never predicted.

"Quitting smoking led to some amazing things happening to me," Zahab said yesterday.

In the 10 years since he quit, Zahab has become a champion ultra-marathon runner. He's run across the Sahara Desert and founded an educational adventure company called Impossible2Possible that has enabled him to run to the South Pole and most recently, through the desert in Tunisia.

Now he's helping others stop smoking and "Smober Up," in which he is hosting a 10-episode series that follows eight ordinary Canadians as they deal with quitting smoking. The campaign also features a contest where people can submit their own videos sharing their reasons to quit.

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VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is initially 12 weeks with possible continuation of up to 24 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-65 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	☐	☐
I am having difficulty sleeping	☐	☐
I am feeling low in energy and slowed down	☐	☐
My appetite has changed	☐	☐
I am experiencing feelings of guilt	☐	☐
I have lost interest in work and pleasurable activities	☐	☐
I feel hopeless about the future	☐	☐
I feel tense and anxious	☐	☐
I am having difficulty making decisions	☐	☐
I am having trouble concentrating	☐	☐

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Animal theft makes world headlines

Quebec provincial police have checked with zoos to see if they've been offered a stolen tiger and two camels whose theft has made international headlines. News websites from as far as India, New Zealand and Britain's BBC have run the story of the three beasts who vanished last week. THE CANADIAN PRESS

Canada

Group hits at cardinal over promotion

Canada's highest-ranking Catholic doesn't deserve a rumoured promotion to the Vatican because of the way he's handled the church sex-abuse scandal, a victims' group said yesterday. The group's founder said Cardinal Marc Ouellet had repeatedly refused to apologize for crimes committed within the church, and for the hundreds of lives destroyed.

THE CANADIAN PRESS

History **Window to the past**

HANDOUT PHOTO

A portrait of the Indian king Onigoheriago is shown in a handout photo. To commemorate the 300th anniversary of the historic visit by Queen Anne, the Canadian Museum of Civilization is displaying the famous oil paintings in the summer exhibition Four Indian Kings: War and Diplomacy in 1710, along with related historical information.

Ottawa urged to take power from provinces

Report cites 'failure of federal nerve' to claim authority

It's been a long time since anyone argued that the federal government needs more power, but a new report is calling for Ottawa to stand up for itself against the provinces and bring in an economic charter of rights for Canadians.

Exactly 20 years since the death of the Meech Lake constitutional accord — an epic Canadian struggle between federal and provincial power — a new think-tank is arguing that Ottawa needs to flex its muscles against the provincial barriers to free trade of goods and services within Canada.

The demand for more federal power flies in the face of conventional political wisdom, especially from Prime Minister Stephen Harper's Conservative government, that Ottawa shouldn't get in the way of provincial power in Canada. But Ottawa is simply too afraid of the provinces to claim its rightful, constitutional powers over the economy, says Brian Crowley, head of the Macdonald-Laurier Institute, a new research centre in Ottawa.

"Only a failure of federal nerve has prevented the forceful exercise of this clear power," he said

TORSTAR NEWS SERVICE

Charlottetown

• Yet another doomed constitutional deal in Canada — the Charlottetown accord, brokered in 1992 in the aftermath of Meech — did contain many provisions toward a stronger economic union. But that agreement collapsed after it was put to a nationwide referendum in the fall of 1992 and since then, the federal government has largely avoided any negotiations with the provinces over powers.

Top U.S. military officials appeal for ally support in anti-Taliban mission.

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Figures of left, right back charter

POLITICS The call for an economic charter of rights has also been endorsed by key figures from the left and right of the Canadian political spectrum — among them Thomas d'Aquino, former head of the Canadian Council of Chief Executives, as well as Tom Axworthy, former principal secretary to prime minister Pierre Trudeau.

In fact, he was probably the last and most vocal prime-ministerial proponent for the idea of a strong federal government in Canada.

TORSTAR NEWS SERVICE

Teacher raises $60K for cancer

BIKE RIDE The vice-principal of a school in rural Nova Scotia has raised almost $60,000 in pledges as she prepares for a cross-Canada bike ride to raise funds for childhood cancer research.

Gym teacher Suzanne Delaney says training for the 15-day, 7,000-kilometre ride is going well.

Delaney, who teaches at St. Andrews Consolidated school near Antigonish, says her school has raised more than $6,000, and she'll receive a cheque at an assembly. Delaney will be one of 43 riders taking part in the annual Sears National Kids Cancer Ride. The event starts Sept. 9.

THE CANADIAN PRESS

Bomb claims soldier on fourth tour

AFGHANISTAN A Canadian soldier on his fourth tour of Afghanistan has become the latest victim of the war against the Taliban.

Sgt. James MacNeil, 28, of Glace Bay, N.S., was killed by an improvised explosive device yesterday morning near the village of Nakhonay after he had dismounted from his armoured vehicle.

It's the second straight Canadian death in Nakhonay, about 15 kilometres southwest of Kandahar city.

"He was serving on his fourth deployment to Afghanistan," said Brig.-Gen. Jonathan Vance, commander of Task Force Kandahar, as he stood in front of the cenotaph at Kandahar Air Field.

"Sgt. MacNeil was killed by the detonation of an improvised explosive device while on a joint foot patrol with the Afghan National Army near the village of Nakhonay."

Nakhonay is in the Panjwaii district which is known as the birthplace of the Taliban. It has been a bloody battleground for Canadian troops since they arrived in Kandahar province in strength four years ago. Dozens of Canadians have been killed or wounded in the restive district.

While villages and towns have been repeatedly cleared, the Taliban have quietly reasserted themselves in parts of the region.

THE CANADIAN PRESS

HANDOUT PHOTO/THE CANADIAN PRESS

Sgt. James MacNeil, 28, is the latest Canadian soldier to die in Afghanistan.

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Man succumbs to gunshot wound
A Saskatoon man has died after being shot by his brother. THE CANADIAN PRESS

Premier sells HST in TV ad

Premier Dalton McGuinty is telling Ontario consumers to swallow their medicine — the HST.

Ontario's Liberal party yesterday launched a TV ad featuring McGuinty dressed casually and sitting in a leafy backyard setting as he talks about the coming merged tax and his government's plan to grow the economy.

Premier Dalton McGuinty

"Ontario is coming out of this global recession sooner and stronger than anyone expected," McGuinty says in the 60-second spot dubbed "Strong Medicine."

"But to create more jobs, top economists agree the single most important thing we can do is adopt the HST."

The TV spot was scheduled to run during newscasts across Ontario, starting last night at 6 p.m. The ad will also run online until July 1 — the day the harmonized sales tax takes effect in Ontario.

The HST will combine the existing eight per cent PST and the five per cent GST into a single 13 per cent sales tax. Critics note tax harmonization will increase the cost of many items that were previously exempt from the provincial sales tax.

McGuinty acknowledges during the ad "some things will cost more" but says tax relief is being provided for some people to help ease the transition.

"I know the HST is strong medicine, but it's what we need to build a strong economy, so we can have the best schools, health care and quality of life," McGuinty says.

Ontario's move towards the HST has been bitterly opposed by the Progressive Conservatives and New Democrats, who say it will kick people when they're already down due to the recession. THE CANADIAN PRESS

On the web

- The ad can be viewed on the web at http://strongmedicine.forontario.ca/

Flooded Albertans get good news

FLOOD Relief tempered with caution is spreading in southeastern Alberta where there's been severe flooding due to heavy rain.

Ronald Robinson, fire chief in Medicine Hat, says water levels on the South Saskatchewan River are lower than expected.

He also says the amount of rain forecast is also less than first anticipated.

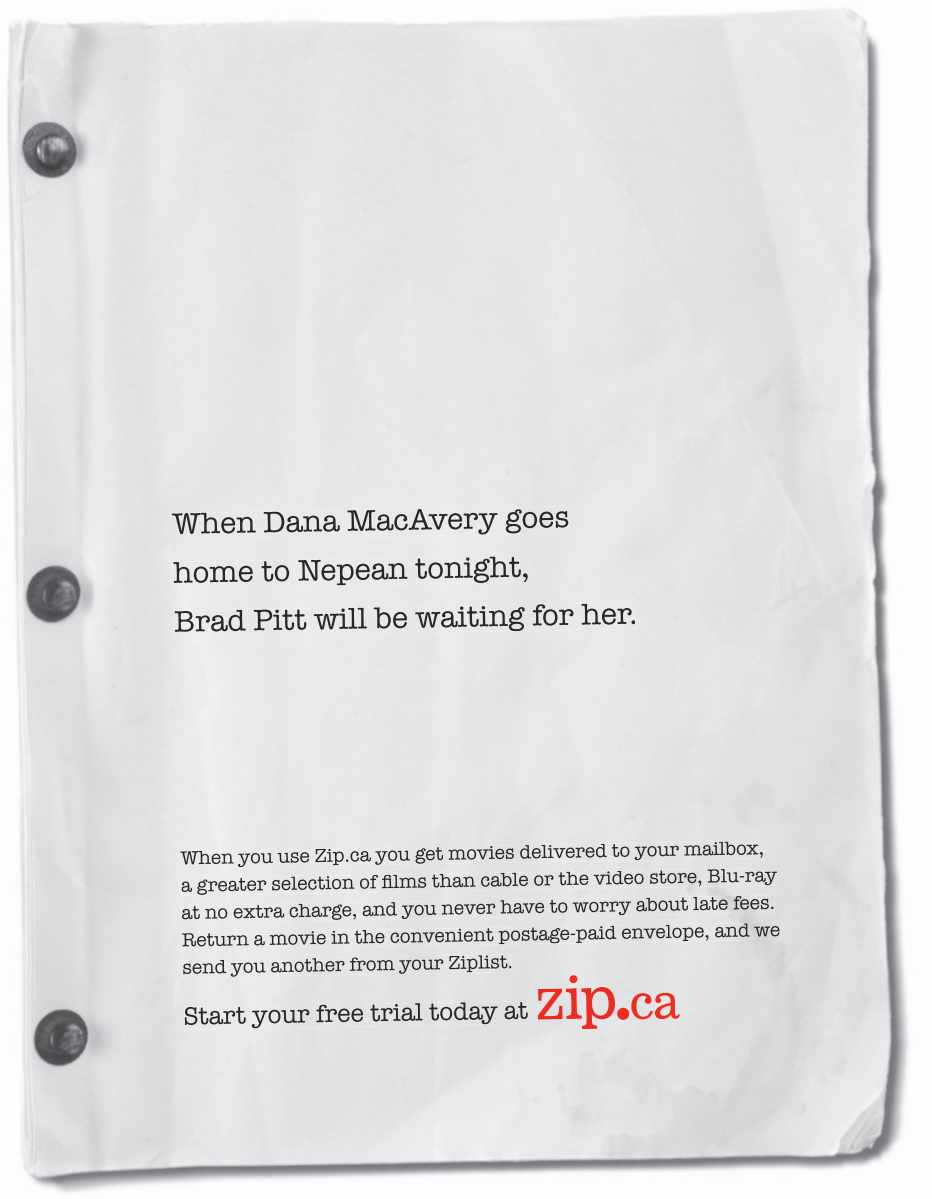
But officials are still waiting to see what develops as Environment Canada has issued severe weather warnings for most of southern Alberta, including the southeast.

The forecast is for up to 30 millimetres of moisture.

It is expected to taper off today as the system moves into Saskatchewan. THE CANADIAN PRESS

News in brief

REAL ESTATE Growth by the big banks in Toronto and Vancouver is helping to boost the Canadian office real estate market and offset a rise in vacancy rates in most Canadian cities, says a report by CB Richard Ellis Limited. THE CANADIAN PRESS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Quebec man arrested after alleged axe attack
A man is in custody after allegedly striking someone in the head repeatedly with an axe, in an attack possibly linked to an aboriginal election in Quebec. Police say the 26-year-old suspect hit the 48-year-old victim several times yesterday in the village of Pointe-Parent, Que. THE CANADIAN PRESS

Alberta government scientist retracts oilsands accusations

Legal pressure has forced a senior Alberta government scientist to retract highly public statements saying two prominent oilsands critics lied and fudged their data.

In a letter to the scientists he questioned, Preston McEachern — head of oilsands research for Alberta Environment — now says he was the one who lied.

"The statements in my presentation that you did these things were false and I regret very much that I made these statements," he said in a letter to Peter Lee of Global Forest Watch and independent biologist Kevin Timoney.

"We are just simply trying to do our jobs and ask questions based on the data," Timoney said yesterday.

"To be defamed like this is deeply troubling."
Kevin Timoney

"To be defamed like this is deeply troubling. I just wonder why the government seems so reluctant to discuss the actual science rather than just do these attacks on people."

In a paper published last fall, Timoney and Lee attempted to summarize evidence that oilsands projects pollute the environment. The report concluded that it may be too late to determine exactly how much of the contaminants come from industry and how much are natural. It suggested more research is necessary as the industry expands.

In March, McEachern made a formal presentation at the University of Alberta in which he accused Lee and Timoney of lying and using data selectively.

"I was in the audience when he said that," said Lee. "I was gobsmacked."

McEachern had not attempted to contact either scientist with his concerns before making the statements, Timoney said. Nor has he since.

But after the two contacted lawyers and made a formal complain, McEachern's climbdown was complete.

"You did not lie," he wrote. "You did not choose to remove data from your study."

THE CANADIAN PRESS

Edmonton **Cause of fatal blast still a mystery**

JOHN ULAN/THE CANADIAN PRESS

Edmonton Police Service investigators comb through the rubble of a residential explosion scene yesterday in a northeast Edmonton neighbourhood. Police say they have ruled out a drug lab or bomb as the cause of the explosion that killed at least four people and injured a number of others. Police said, however, it is still possible the blast was triggered by some form of criminal activity.

Canadian Blood Services
it's in you to give

Open Board Meeting

Wednesday, June 23, 2010
8:30 am - 4:30 pm

Hampton Inn Ottawa &
Conference Centre
200 Coventry Road
Ottawa Ontario

Any member of the public is welcome to attend on June 23. There will be an opportunity for public presentations to the Canadian Blood Services' Board of Directors. All those requesting to present to the Board are encouraged to pre-register.

Please call (613) 739-2195 or visit our Web site at www.blood.ca to obtain a registration form or additional information.

It's in you to give

Adult sentences sought for B.C. teens charged with murder

CRIME The Crown says it will seek adult sentences if two teenaged boys are convicted in the murder of an 18-year-old high school student near Victoria.

The 16- and 18-year-old boys, who cannot be named, made their first appearance in court in Victoria yesterday charged with first-degree murder in the killing of Kimberly Proctor of Langford in March.

The boys were ordered to appear in court again on July 6.

Crown prosecutor Peter Juk filed a motion seeking adult sentences for the accused, who were arrested Friday and charged with murder, unlawful confinement, sexual assault and indignity to human remains.

The police say Proctor knew both teens and they believe her killing was not random.

Her burned body was found along a popular hiking trail near Victoria on March 19.

THE CANADIAN PRESS

N.S. man accused of plot to kill N.L. police officers

ARREST The RCMP are accusing a Nova Scotia man of loading a car with weapons as part of a plot to kill police officers in Newfoundland.

The story started to unfold Sunday when the Mounties in Port aux Basques, N.L., were told a man aboard a ferry headed to the Newfoundland port had firearms in his vehicle.

Police were also told the man from Kings County, N.S., planned to drive to the Corner Brook area in western Newfoundland to kill police officers.

The RCMP followed the man's car to St. Georges, N.L., where he was arrested on the Trans-Canada Highway, about 80 kilometres south of Corner Brook. Inside the car, police found boxes of ammunition, a high-powered rifle, a crossbow, arrows and a machete.

RCMP spokesman Sgt. Boyd Merrill said a traveller aboard the Marine Atlantic ferry alerted staff about the man and his plans.

Mark Baltzer is facing several charges, including failure to comply with a recognizance, possession of a firearm without a licence and possession of a prohibited weapon.

THE CANADIAN PRESS

News in brief

APPEAL The lawyer for a man who spent 26 years in prison for a series of sex attacks in Vancouver says the B.C. Court of Appeal should overturn those convictions. The Crown and defence have agreed that the methods used by investigators to identify Ivan Henry as a suspect were questionable. His lawyer, David Layton, says Henry should not face a new trial because the evidence against him is too weak. The court agreed to hear Henry's appeal last year after a government-appointed lawyer found there may have been a miscarriage of justice in his convictions for rape and indecent assault involving eight women. Henry was also declared a dangerous offender. THE CANADIAN PRESS

Cancer **Metro pitches in**

ANDY PINTO/FOR METRO TORONTO

Metro Toronto is proud to support the Canadian Breast Cancer Foundation and Prostate Cancer Canada through proceeds raised at the 2010 Metro golf tournament. From left: Grant Newbigging, Metro Toronto senior national account manager; Bill McDonald, Metro English Canada Group Publisher; Savitri Ponnambalam, Canadian Breast Cancer Foundation; Charlene Criscione, Prostate Cancer Canada; Irene Patterson, Metro Toronto Associate Publisher; and Jessica Fife, Metro Toronto marketing and promotions assistant.

White House defends Obama golf outing
A White House spokesman says the U.S. benefits when President Barack Obama takes time to go golfing and "clear his mind." Obama spokesman Bill Burton yesterday defended Obama's leisure activities amid some Republican criticism that Obama should not be scheduling fun time during the Gulf oil spill crisis. THE ASSOCIATED PRESS

World

Ethiopian PM re-elected

Ethiopia's election board says the ruling party has won national elections by a landslide. Board chairman Merga Bekana said yesterday's final results install Prime Minister Meles Zenawi, left, for another five years and give his party the majority of seats. Bekana said the May 23 poll was peaceful, fair, credible and free. THE ASSOCIATED PRESS

$1B a month and counting for BP

OIL SPILL BP said yesterday that its partners in the leaking Gulf of Mexico oil well must share responsibility for the costs in dealing with the disaster, on which BP said it has now spent $2 billion US in two months.

BP hit back at Anadarko Petroleum Corp., which has a 25 per cent stake in the gushing well, following Anadarko's statement on Friday accusing BP of gross negligence in operating the drilling rig.

BP shares were down four per cent in early trading in London.

Anadarko said the joint operating agreement makes BP responsible to co-owners for any damage due to gross negligence or wilful misconduct.

Meanwhile, BP chief executive Tony Hayward has cancelled his appearance at a London oil conference today, citing his commitment to the Gulf of Mexico relief effort.

THE ASSOCIATED PRESS

Land of bikinis getting fat?

BRAZIL A study says the South American country known for its bikinis is expanding at the waist. The Health Ministry notes that in 2009, 46.6 per cent of Brazil's 190 million people were overweight. That's up from 42.7 per cent in 2006. The study is based on interviews with 54,000 adults. The result: 51 per cent of men and 42.3 per cent of women are overweight.

THE ASSOCIATED PRESS

Political football in France

How a disappointing performance at the World Cup is sowing a national crisis of sorts

When France won the World Cup in 1998, poll numbers of top French political leaders surged and the country claimed vindication for its model of assimilating ethnic minorities from former African colonies.

How times have changed.

Instead of projecting an image to the world of racial harmony steeped in Republican values of liberty, equality, and fraternity, this year's squad has plunged into fratricidal conflicts playing out in the locker rooms, the press, and most crucially on the playing field.

Along the way, France is being pilloried worldwide — and politicians from the finance minister to the president himself are getting involved. Even a Parisian Left Bank philosopher has aired musings about a "hooligan culture" gripping the nation.

It isn't just that the "Bleus" — as the national team has been affectionately known in better days — have turned in back-to-back dismal performances that have left them winless and on the verge of elimination.

What has riled the French perhaps even more has been the surreal spectacle of their sporting heroes refusing to train, their star striker being sent home after an obscene locker-room tirade, and the sense of drift and even indifference they have demonstrated on the field.

The fortunes of the football team have also taken on a political dimension at a time when Sarkozy's poll numbers have been sagging and the national mood was already soured by austerity measures announced in a tough economic climate.

Sarkozy's rivals on the left and right have wasted no time in trying to win points from the World Cup fiasco.

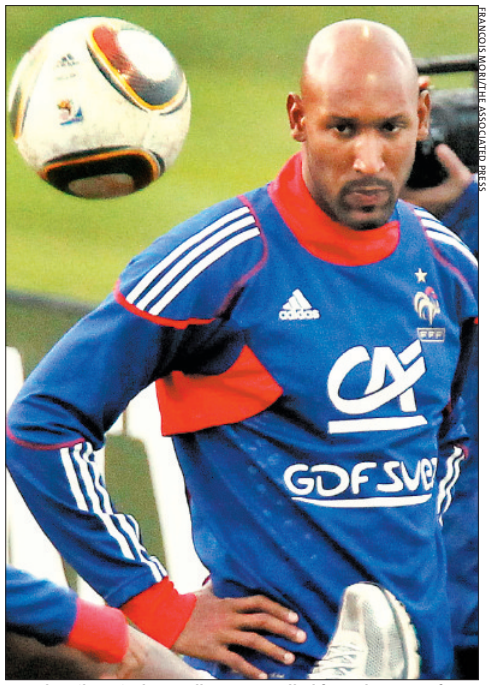
A Socialist lawmaker went so far as to see a political parable in the sporting disaster: Conservative Sarkozy, suggested Jerome Cahuzac, has fostered the kind of selfish individualism shown by the super-rich players of the French team, to the detriment of the national interest.

History has shown that a strong World Cup showing can help struggling leaders in the polls.

THE ASSOCIATED PRESS

Pulled

- French fast-food chain Quick said it was cancelling an ad campaign featuring striker Nicolas Anelka and removed images of him from all advertising in the chain's restaurants.



FRANCOIS MORI/THE ASSOCIATED PRESS

French striker Nicolas Anelka was expelled from the team after reportedly unleashed a volley of insults at coach Raymond Domenech after being criticized for France's loss to Mexico

Calls from top for 'dignity'

FRANCE The crisis has spurred French President Nicolas Sarkozy into action. Over the weekend, he ordered his sports minister to prolong her stay in South Africa to knock some sense into France's bickering squad. "He like myself, we are taking note of the indignation of the French people and calling for dignity and responsibility," said Roselyne Bachelot.

During a press conference in Russia, Sarkozy described as "unacceptable" French star Nicolas Anelka's profanity-laced rant against coach Raymond Domenech that cost him a spot on the team. Finance Minister Christine Lagarde, a former member of the French synchronized swimming team, reached far beyond her portfolio to issue a stinging criticism of the team.

"I am appalled because I have worn the French national colours, and when you wear the French national colours you have added responsibilities," she told French TV.

THE ASSOCIATED PRESS

News in brief

NEW YORK A Pakistan-born U.S. citizen pleaded guilty yesterday to carrying out the failed Times Square car bombing, saying he wanted it known that unless the U.S. stops attacking Muslim lands, "we will be attacking U.S." Faisal Shahzad, 30, entered the plea in U.S. District Court in Manhattan just days after a federal grand jury indicted him on 10 terrorism and weapons counts, some of which carried mandatory life prison penalties. Shahzad made the plea and an accompanying statement as U.S. District Judge Miriam Goldman Cedarbaum began asking him a lengthy series of questions to ensure he understood his rights. She did not immediately accept the plea. The Bridgeport, Conn., resident was arrested trying to leave the country May 3. THE ASSOCIATED PRESS

Relatives of murdered sweetheart couple hope culprit finds "special place in hell."

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Iran says it bans two UN nuclear inspectors

Iran said yesterday it had banned two UN nuclear inspectors from entering the country because they had leaked "false" information about the country's disputed nuclear program. THE ASSOCIATED PRESS

Higher radiation levels a mystery

KOREAS Abnormally high radiation levels were detected near the border between the two Koreas days after North Korea claimed to have mastered a complex technology key to manufacturing a hydrogen bomb, Seoul said yesterday.

The Science Ministry said its investigation ruled out a nuclear test by North Korea, but failed to determine the source of the radiation. It said there was no evidence of an earthquake, which follows an atomic explosion.

On May 12, North Korea claimed its scientists succeeded in creating a nuclear fusion reaction — a technology necessary to manufacture a hydrogen bomb. In its announcement, the North did not say how it would use the technology, only calling it a "breakthrough toward the development of new energy."

Experts doubted the North actually made such a breakthrough. Scientists around the world have been experimenting with fusion for decades, but it has yet to be developed into a viable energy alternative.

On May 15, however, the atmospheric concentration of xenon — an inert gas released after a nuclear explosion or radioactive leakage from a nuclear power plant — on the South Korean side of their shared border was found to be eight times higher than normal, according to South Korea's Science Ministry. THE ASSOCIATED PRESS

Killer arrested on child porn charges

ENGLAND British prosecutors said yesterday that a man convicted of murdering a toddler in 1993, when he himself was just 10 years old, has been charged with child pornography offences.

Jon Venables, 27, was charged with downloading and distributing indecent photographs of children. Venables was indicted earlier, but the charges could only be reported yesterday after a judge ordered some reporting restrictions lifted.

Venables and another 10-year-old, Robert Thompson, lured two-year-old James Bulger away from a shopping centre in Liverpool in 1993 and beat him to death by an isolated railway line.

The crime shocked Britain because of the ages of the victim and his baby-faced killers, and was seared into the national memory through closed-circuit video footage of the two older boys leading the toddler away to his death.

Venables and Thompson were released from juvenile detention in 2001. THE ASSOCIATED PRESS

French man on trial in prison cannibalism case

FRANCE A prisoner went on trial yesterday and acknowledged killing his cellmate and then eating part of the man's lung.

Nicolas Cocaign, charged with murder and acts of barbarism, told the court in northwestern France that he is now getting psychiatric treatment and feels "stable."

After the charges against Cocaign were read in court, the 39-year-old said he was responsible.

Thierry Baudry's mutilated body was found Jan. 3, 2007, by a prison guard, and an autopsy revealed two chest muscles and part of his left lung were missing.

At the time, Rouen prosecutor Joseph Schmit said Cocaign confessed to stabbing his victim with scissors and suffocating him with a plastic bag before removing and eating part of an organ from his chest — though he mistakenly believed it was the victim's heart.

Cocaign, whose face is tattooed with images including bloody tears and a skull, told investigators he had wanted to eat the victim's heart to "take his soul," according to the indictment. THE ASSOCIATED PRESS

AHN YOUNG-JOON/THE ASSOCIATED PRESS

A South Korean soccer fan in Seoul cheers on North Korea yesterday.

Not great timing

North Korea airs rare live World Cup game, loses 7-0

North Korea picked the wrong moment to allow its people to see a bit more of the outside world.

The authoritarian regime was so proud of its soccer team in the World Cup that it allowed an unprecedented live broadcast back home of the match against Portugal — a rarity for the communist nation that normally exerts strict control over the media.

What ensued was a different sort of history: North Koreans, used to seeing only positive news about their reclusive country, watched as their soccer team received the worst drubbing so far in this year's tournament and was prevented from advancing to the next round.

As the 7-0 loss to Portugal concluded, the North Koreans quickly halted yesterday's coverage.

It then cut to factory workers and engineers praising North Korean leader Kim Jong Il.

Kim and his totalitarian leadership allow only one state-run TV channel, ban shortwave foreign radio broadcasts and restrict outside Internet access to the elite. Yet coverage of the 2010 World Cup has been unprecedented, with state TV airing tape-delayed video of a number of matches in full — including that of rival South Korea — despite questions about how the broadcaster would get the feed.

In the past, only snippets of World Cup games were shown, sometimes weeks later. In 2002 and 2006, a South Korean broadcaster relayed live video as part of reconciliation efforts with the wartime rival, but North Korea chose to show only tape-delayed parts of matches.

Negotiations began last year to provide video again, but stalled amid rising tensions over the sunken warship. South Korea's SBS television, which owns the broadcast rights for the entire Korean peninsula, said it would not beam the World Cup to North Korea. In a last-minute deal, Malaysia-based Asia-Pacific Broadcasting Union offered North Korea free live coverage.

Nervous but excited, goalkeeper Ri Myong Guk's older brother and other relatives settled in at his in-laws' apartment outside Pyongyang with beer and snacks to view yesterday's game.

"Watching the game live, I felt like I was in South Africa myself," the brother, Ri Myong Il, told APTN in Pyongyang.

But three Portugal goals in the second half in a matter of minutes were met with silence by Ri's family. By the fourth goal, all hope was gone. THE ASSOCIATED PRESS

Punishment back home?

- Defectors, including the ex-North Korea coach, said poor play overseas has meant punishment at home, including being "purged" and sent to coal mines. North Korean Coach Kim Jong Hun insisted Sunday that no punishment would await the team if it failed to advance.

"Sometimes you win, sometimes you lose. But there are going to be no further consequences," he said.

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Comment

Closer to controlling the message

NationalReport
Lawrence Martin

metronews.ca/nationalreport

Anyone who has worked with Stephen Harper will tell you his No. 1 priority is message control. Control the message and you control outcomes.

That's why, upon becoming prime minister in 2006, he put in place the most all-encompassing vetting system Ottawa had ever seen. Nothing could go out, not even the most minor of communications, without approval from head office.

But to control the message, you have to have influence in the media. So how's this for a coup? Harper now has one of his former directors of communications, Kory Teneycke, as de facto boss of Sun Media coverage. The same Teneycke is also leading the bid from the same organization to create a new conservative television network.

On the newspaper side, Teneycke has already overhauled Sun Media's Ottawa bureau. Several good reporters have been moved out. The replacements are good reporters as well. But anyone who doesn't think they will be under pressure to provide a Conservative spin is deluding themselves. The changes were made for a purpose. The purpose was hardly to have the new hires rushing out to hold the government's feet to the fire.

On the TV side, the new network needs regulatory approval to get up and running. The CRTC will be under tremendous pressure to provide it. As has been demonstrated, Harper does not take kindly to tribunals or commissions that go against his wishes. Those who sit on them can be replaced or have their decisions overturned. Chances of the PM standing idly by and watching this network proposal get shelved are next to nil.

The new network won't be as biased as Fox News in the United States, its promoters claim. But in attacking the work of the CBC's Don Newman, they showed their true colours. If they had one-half the experience, the depth and the erudition of Newman, they should consider themselves lucky.

Having one of his former promoters running Sun Media is just one of two great media turns for the prime minister. The other was the recent auction of the Canwest newspapers. Just when it looked like the conservative flagship, The National Post, and the chain's other big-city newspapers were about to be taken over by liberally inclined buyers, Canwest's Paul Godfrey came to the rescue with an 11th-hour bid that will keep the papers in the conservative stable.

Harper stood on the verge of losing the media balance of power in the country. Not only has he maintained it. He has now increased it.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

Worth mentioning

Afghan opiate use doubles in five years

Drug addicts as young as one month old. Mothers who calm their children by blowing opium smoke in their faces. Whole communities hooked on heroin with few opportunities for treatment.

Use of opiates such as heroin and opium has doubled in Afghanistan in the last five years, the UN said yesterday, as hundreds of thousands of Afghans turn to drugs to escape the misery of poverty and war.

Nearly three per cent of Afghans aged 15 to 64 are addicted to opiates, according to a study by the UN Office on Drugs and Crime. The UN defines addicts as regular users.

That puts Afghanistan, along with Russia and Iran, as the top three countries for opiate drug use worldwide, according to Sarah Waller, an official of the UN's drug office in Kabul. She said a 2005 survey found about 1.4 per cent of Afghan adults were opiate addicts.

53

According to the UN report, the number of regular opium users jumped 53 per cent to 230,000 in 2009 from 150,000 in 2005, while regular heroin users more than doubled to 120,000 from 50,000.

The data suggest that even as the U.S. and its allies pour billions of dollars into programs to try to wean the Afghan economy off of drug money, opium and heroin have become more entrenched in the lives of ordinary Afghans. That creates yet another barrier to international efforts to combat the drug trade, which helps pay for the Taliban insurgency.

Afghanistan supplies 90 per cent of the world's opium, the main ingredient in heroin, and is the global leader in hashish production. Drug crops have helped finance insurgents and encourage corruption, particularly in the south where the Taliban control cultivation of opium poppies and smuggling routes.

Almost one million Afghans — eight per cent of the 15 to 64 age group — are regular drug users, addicted to opiates, as well as cannabis and tranquilizers, according to the report, which was based on surveys of about 2,500 drug users, community leaders, teachers and doctors.

THE ASSOCIATED PRESS

MICHAEL DE ADDER

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Via Rail plans basic services if workers strike

Via Rail Canada said yesterday that it will run a basic schedule of train services across Canada if the 2,200 ticketing vendors and maintenance staff represented by Canadian Auto Workers (CAW) go on strike on Sunday at midnight. METRO NEWS SERVICES

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Spin Master files infringement suit

TOY TALE A Canadian toy maker is suing Crayola, alleging the U.S.-based crayon and marker maker has infringed on one of its trademark names.

Spin Master Ltd., a Toronto-based company that produces the Liv dolls and bills itself as North America's third-largest toy company, said yesterday that it will "fight vigorously" to defend its trademarks.

Spin Master spokesman Harold Chizick said Crayola has a line it's planning to introduce that's also called "Liv," but he couldn't say if the product will be a doll.

Chizick said the case is expected to be heard in California.

Spin Master launched the Liv doll, fashion dolls aimed at girls six to 10 years old, last year.

THE CANADIAN PRESS

NYSE Meatloaf rocks exchange

RICHARD DREW/THE ASSOCIATED PRESS

Bat Out of Hell rock icon Meatloaf rings the opening bell of the New York Stock Exchange in New York yesterday. The Meat is headed for Canada to play concerts this summer.

Envy of the world

World leaders look at Canada for solutions

Canada thinks it can teach the world a thing or two about dodging financial meltdowns.

The 20 world leaders at an economic summit in Toronto this weekend will find themselves in a country that has avoided a banking crisis where others have floundered, and whose economy grew at a 6.1 per cent annual rate in the first three months of this year. The housing market is hot and three-quarters of the 400,000 jobs lost during the recession have been recovered.

World leaders have noticed: President Barack Obama says the U.S. should take note of Canada's banking system, and Britain's treasury chief is looking to emulate the Ottawa way on cutting deficits.

G20 Summit

George Osborne, Britain's treasury chief, has vowed to follow Canada's example on deficit reduction.

Jim Flaherty

"They brought together the best brains both inside and outside government to carry out a fundamental reassessment of the role of the state," Osborne said in a speech.

Finance Minister Jim Flaherty recalled visiting China in 2007 and hearing suggestions "that the Canadian banks were perhaps boring and too risk-adverse. And when I was there two weeks ago some of my same counterparts were saying to me, 'You have a very solid, stable banking system in Canada,' and emphasizing that. There wasn't anything about being sufficiently risk-oriented."

The banks are stable because, in part, they're more regulated. As the U.S. and Europe loosened regulations on their financial industries over the last 15 years, Canada refused to do so. The banks also aren't as leveraged as their U.S. or European peers.

THE ASSOCIATED PRESS

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Biovail to merge with Valeant

DEAL Canada's largest publicly traded pharmaceutical company, Biovail Corp., has agreed to merge with Valeant in a $3.2-billion US deal that will likely result in hundreds of job cuts over the next year as management works to refocus the business.

The combined company will be called Valeant Pharmaceuticals International Inc. The merger will also mean deep job cuts between the two firms, with total headcount reduction between 15 and 20 per cent — or between 660 and 880 jobs. The merged company's CEO will come from Valeant, but Biovail's current shareholders will own slightly more than half of all the stock and the corporate headquarters will be in Mississauga, where Biovail is based.

Background

- Biovail makes the anti-depressant Wellbutrin XL and extended-release pain drug Ultram ER.
- Valeant, based in Aliso Viejo, Calif., sells treatments for chronic illnesses and generic drugs.

Combined, the companies had about $1.65 billion US in revenue in 2009.

The new Valeant will remain a Canadian-based corporation, listed on both the Toronto and New York stock exchanges.

THE CANADIAN PRESS

Adidas predicts record sales of soccer goods

SPORTING GOODS Adidas AG, the world's second-largest sporting goods maker, increased a forecast for record soccer-related revenue this year after sales of World Cup team jerseys more than doubled compared with the 2006 tournament.

Adidas is sponsoring 12 teams at the month-long World Cup, which is being played until July 11 in South Africa, as well as the tournament itself.

The company is vying for leadership in the world's most popular sport with larger rival Nike Inc., which outfits 10 nations under its own and the Umbro brand.

Adidas has sold one million jerseys for each of the German, Mexican, Argentinean and South African teams and estimates total sales of at least 6.5 million jerseys, more than double the three million it sold when the World Cup was last played in 2006. A Germany jersey costs 69.95 euros in outlets of Intersport, the country's largest sport retailer.

Adidas also expects to sell more than 13 million Jabulani match balls, which cost as much as 119.95 euros in Germany.

METRO NEWS SERVICES

Business in brief

AUTOS General Motors thinks it can finally sell a good small car. The company, which has a past littered with compact wrecks like the unsafe Corvair and rusty Vega, will roll out the Chevrolet Cruze in September — betting it can attract younger drivers. The Cruze follows another GM small-car flop, the Chevy Cobalt. Americans bought just 105,000 last year. THE ASSOCIATED PRESS

Good news for the economy: The commercial real estate market is on the rise.

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Your Money

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Dos and don'ts for a good credit score

AlisonOnMone

by Alison Griffiths
griffiths.alison@gmail.com

When was the last time you checked your credit history and score? If it was within six to 12 months go to the head of the class. If you said never or a couple of years ago then you don the dunce cap.

A strong credit score has never been more important. A poor one can stand in the way of everything from getting a car loan, a mortgage or even renting an apartment.

You can access an abbreviated credit report free from equifax.ca or transunion.ca. A full report plus your score will cost from $7.95 to $23.95. A credit score of 750 or above from either agency is considered good.

Here are some tips for a credit history.

- Do pay your bills on time. Late payments will drag down your score.
- Do pay at least the minimum plus a bit more on any bill, loan, line of credit or credit card.
- Do check your monthly bank and credit card statements to make sure every charge is correct.
- Do read your credit card statements for changes to things like interest rates and fees.
- Do contact creditors (including utility, phone and insurance companies) if you are having trouble paying your bills. You may get some extra time before the company reports late or non-payments.
- Do build up a strong history with regular credit card use but pay the balance in full every month.
- Don't go over your credit card limit and don't dip into your overdraft regularly. Both will lower your credit score.
- Don't apply for too many retail credit cards. You may get a discount on purchases when you apply but having a large amount of credit available, even if you don't use it, can lower your credit score.
- Don't delay in reporting suspicious transactions on any bank account or credit card.
- Don't be tempted with Buy Now Pay Later schemes if your credit score is marginal or poor as many of them are actually credit cards and will affect your score.

Alison's Money Rule

- A healthy credit score is like a newborn. Treat it well and you'll receive a lifetime of dividends.

Alison Griffiths' show Maxed Out appears Wednesdays at 10:30 p.m.
alisongriffiths.ca

Choose the right insurance policy

HOME INSURANCE We all know we should insure our homes, but when it comes to choosing the right policy, many of us don't know what is — or isn't — covered. Answering some of the most common questions, Henry Blumenthal, vice-president and chief underwriter for TD Insurance, offers his insight.

What does a typical home insurance policy cover?

A standard home insurance policy will ensure that if something like fire, vandalism or theft occurs, your property will be looked after and your valuables replaced. This type of policy is called "named perils" since it provides protection based on a list of the most common risks.

When do you need additional insurance?

A standard home insurance policy has limitations in theft coverage for items, such as jewelry and furs, bicycles, cash, boats and motors. If you have any of these special items, it's a good idea to consider adding additional coverage to your policy. If you're unsure, call your insurance provider to confirm that your valuables are covered.

For more comprehensive building coverage, homeowners can opt for "all risk" coverage, which insures your building for everything unless it is specifically excluded from your policy. Given that your home is often your most valuable investment, most homeowners opt for all risk coverage.

Are there any considerations I should keep in mind when choosing a policy?

Depending on where you live, you may want to purchase additional coverage to protect your home from unique circumstances, such as earthquakes or flooding. For example, TD Insurance offers water damage coverage as an add-on to home insurance. While home insurance does offer some water damage coverage, there are limits to this protection. An insurance expert can help identify what additional coverage will best suit your needs.

Replacement cost

- Most standard insurance policies provide for the actual cash value (ACV) replacement of your belongings. This means you receive the value of the item, minus depreciation. To ensure that the contents of your home are valued at the current cost to replace them, you can choose to add replacement value to your insurance policy.

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French coach slams players' protest

France coach Raymond Domenech says his players were acting like imbeciles when they protested Nicolas Anelka's expulsion by refusing to train for a match that will decide their World Cup future. France plays South Africa today. THE ASSOCIATED PRESS

World Cup

Slovenians confident

Slovenia captain Robert Koren, left, believes that England's lacklustre performances against the United States and Algeria have given his side confidence of a shock victory when the teams meet in their final World Cup group match tomorrow.

THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Greeks need 'match of their lives' against Argentina: Coach

GROUP B PREVIEW

Greece vs **Argentina**

VS

Greece coach Otto Rehhagel is urging his players to produce the "match of their lives" to get a result against Argentina today and advance to the next round of the World Cup.

Rehhagel led Greece to a shock triumph at the 2004 European Championship, but now wants an even bigger performance in the teams' final Group B match against the in-form South Americans.

"All our players must play the match of their lives and then maybe we have a chance," Rehhagel said.

Greece must beat Argentina by a three-goal margin to be sure of reaching the round of 16. Any other result would leave Greece waiting on the result of the game between Nigeria and South Korea.

Argentina coach Diego Maradona said he intended to leave captain Javier Mascherano and strikers Carlos Tevez and Gonzalo Higuain out of the starting lineup. THE ASSOCIATED PRESS

CHRISTOF KOEPSEL/GETTY IMAGES

David Villa of Spain fires a header at the goal yesterday in a World Cup match between Spain and Honduras in Johannesburg.

SCOREBOARD

GROUP A

	GP	W	D	L	GF	GA	Pts
Uruguay	2	1	1	0	3	0	4
Mexico	2	1	1	0	3	1	4
France	2	0	1	1	0	2	1
South Africa	2	0	1	1	1	4	1

TODAY'S GAMES

Mexico vs. Uruguay, 10 a.m.
France vs. South Africa, 10 a.m.

GROUP B

	GP	W	D	L	GF	GA	Pts
Argentina	2	2	0	0	5	1	6
South Korea	2	1	0	1	3	4	3
Greece	2	1	0	1	2	3	3
Nigeria	2	0	0	2	1	3	0

TODAY'S GAMES

Nigeria vs. South Korea, 2:30 p.m.
Greece vs. Argentina, 2:30 p.m.

GROUP C

	GP	W	D	L	GF	GA	Pts
Slovenia	2	1	1	0	3	2	4
U.S.	2	0	2	0	3	3	2
England	2	0	2	0	1	1	2
Algeria	2	0	1	1	0	1	1

WEDNESDAY GAMES

Slovenia vs. England, 10 a.m.
U.S. vs. Algeria, 10 a.m.

GROUP D

	GP	W	D	L	GF	GA	Pts
Ghana	2	1	1	0	2	1	4
Germany	2	1	0	1	4	1	3
Serbia	2	1	0	1	1	1	3
Australia	2	0	1	1	1	5	1

WEDNESDAY GAMES

Ghana vs. Germany, 2:30 p.m.
Australia vs. Serbia, 2:30 p.m.

GROUP E

	GP	W	D	L	GF	GA	Pts
x-Netherlands	2	2	0	0	3	0	6
Japan	2	1	0	1	1	1	3
Denmark	2	1	0	1	2	3	3
Cameroon	2	0	0	2	1	3	0

THURSDAY'S GAMES

Denmark vs. Japan, 2:30 p.m.
Cameroon vs. Netherlands, 2:30 p.m.

GROUP F

	GP	W	D	L	GF	GA	Pts
Paraguay	2	1	1	0	1	1	4
Italy	2	0	2	0	2	2	2
New Zealand	2	0	2	0	2	2	2
Slovakia	2	0	1	1	1	1	1

THURSDAY GAMES

Slovakia vs. Italy, 10 a.m.
Paraguay vs. New Zealand, 10 a.m.

GROUP G

	GP	W	D	L	GF	GA	Pts
x-Brazil	2	2	0	0	5	2	6
Portugal	2	1	1	0	7	0	4
Ivory Coast	2	0	1	1	1	3	1
North Korea	2	0	0	2	1	9	0

YESTERDAY'S RESULTS

Portugal 7 North Korea 0

FRIDAY GAMES

Portugal vs. Brazil, 10 a.m.
North Korea vs. Ivory Coast, 10 a.m.

GROUP H

	GP	W	D	L	GF	GA	Pts
Chile	2	2	0	0	2	0	6
Spain	2	1	0	1	2	1	3
Switzerland	2	1	0	1	1	1	3
Honduras	2	0	0	2	0	3	0

YESTERDAY'S RESULTS

Chile 1 Switzerland 0
Spain 2 Honduras 0

FRIDAY GAMES

Chile vs. Spain, 2:30 p.m.
Switzerland vs. Honduras, 2:30 p.m.

x - clinched berth in second round

all times ET

Spain returns to form

GROUP H RESULTS

Spain 2 **Honduras** 0

VS

Honduras still has slim hopes

- For Honduras to make the round of 16, it must beat Switzerland in its last match and hope Chile defeats Spain.

Now that looked like a championship team.

David Villa scored two goals as Spain got its World Cup pursuit back on track with a 2-0 victory over Honduras yesterday.

Villa beat three defenders in the 17th minute before goalkeeper Noel Valladares got a touch to the Spain striker's rising shot but not enough to keep it out.

Villa scored his 40th international goal in the 51st when his shot from the edge of the area deflected off a defender to go over Valladares. But Villa missed a penalty kick in the 62nd, sending it wide right.

Spain has three points and can still win Group H with a victory over Chile, which earlier beat Switzerland 1-0 to lead with six points. Switzerland has three points and Honduras has zero.

"We think this first group is very difficult and we have a tough game against Chile," Villa said. "Being world champions is a long way down the road, there's a long time to go, and many matches as well."

Honduras barely remains alive in the tournament after losing to Chile 1-0 last week.

"We lacked conviction," Honduras coach Reinaldo Rueda said. "There's nothing much to explain except that we had a superior team in front of us."

THE ASSOCIATED PRESS

African teams fail to shine at continent's first World Cup

DISAPPOINTMENT Hopes of the first World Cup in Africa producing the continent's first winner seem increasingly far-fetched.

By the end of the week, Ghana may be Africa's sole survivor in the competition, with the five others facing tough — or impossible — routes out of the group phase.

Their disappointing showing is underlined by the Ghanaians collecting more points (4) from their first two matches than host South Africa (1), Algeria (1), the Ivory Coast (1), Cameroon (0) and Nigeria (0) combined.

Far from gloating, however, such supremacy over their African rivals doesn't sit comfortably with the Ghana players.

CLIVE MASON/GETTY IMAGES

Cameroon's Stephane Mbia sits dejectedly after a loss.

"We are praying for the other African countries because it is very, very important for us Africans to make sure that we go further than in the past," said Ghana striker Asamoah Gyan, who has two goals in two games. "That is our ambition, not (for) Ghana, but the whole of Africa."

The first 10 days of South Africa 2010 have provided a jolt for the hopes of Africa's one billion inhabitants.

Four-time African champion Cameroon had been one of Africa's great hopes. But the Indomitable Lions are already preparing to pack their bags after failing to find their bite in losses to Japan and Denmark.

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Portugal's Cristiano Ronaldo grins at North Korea's Ri Jun Il during a Group G match between Portugal and North Korea yesterday. Portugal won 7-0.

One-sided affair

N. Korea eliminated after 7-0 drubbing by Portuguese

GROUP G RESULT

Portugal 7 **North Korea** 0

Portugal revived its World Cup campaign with a 7-0 rout of North Korea in Group G yesterday, eliminating the Asian team from the competition.

Cristiano Ronaldo scored the sixth goal of the game, his first in a competitive match for the national team since the 2008 European Championship.

Ronaldo also set up Tiago's first goal in the 60th. Tiago added another for the 2006 World Cup semifinalists in the 89th, while Raul Meireles, Simao Sabrosa, Hugo Almeida and Liedson also scored.

"It was a great day for Portugal and Portuguese football," coach Carlos Queiroz said "The players are really happy with the way they played, the attitude for the game, the beautiful football, the beautiful goals."

The win moves Portugal into second place in Group G with four points, two behind Brazil. The Ivory Coast has one point, and North Korea is out of the tournament after two straight losses. It was the most one-sided World Cup match since Germany routed Saudi Arabia 8-0 in 2002.

North Korea had early chances, but were undone when Meireles latched on to a clever pass by Tiago and gave Portugal its first score of the tournament. The goal seemed to deflate the Koreans, while the Portuguese finally began to show some of the Latin flair that has made them an outside favourite to win their first championship.

"Tactically speaking, we fell apart and we couldn't block their attacks," North Korea coach Kim Jong Hun said. "It was my fault for not playing the right strategy and that is why we conceded a lot of goals."

THE ASSOCIATED PRESS

Roller-coaster ride could end early for Aussies, Serbs

GROUP D PREVIEW

Australia vs **Serbia**

DECISIVE GAME Australia and Serbia have already experienced the highs and lows of this World Cup ahead of the sides' decisive Group D encounter tomorrow.

Australia suffered a red card in each of its opening matches, while Serbia conceded penalties in both of its games. The roller-coaster ride has been reflected in the sides' results.

Serbia bounced back from an opening 1-0 defeat against Ghana to beat Germany, while Australia's 4-0 thrashing at the hands of the Germans was followed by a battling 1-1 draw with 10 men against Ghana.

After all the ups and downs, both sides are left in the position of knowing defeat in tomorrow's match at Nelspruit's Mbombela stadium could equal an early flight home. For Australia, it's simple. The Socceroos need to win and win well to have any chance of staying in the tournament. Serbia's situation is more complicated. A win guarantees progression, while a draw might also do the job depending on the Ghana-Germany result, played simultaneously in Johannesburg.

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The 'Fridge' improving from immune system condition

The brother of former NFL star William Perry says the "Fridge" has some hearing loss but is improving from a condition in which the body's immune system attacks nerves. Fellow NFL standout Michael Dean Perry said yesterday his 47-year-old brother has regained most of his strength and is back up to about 330 pounds as he recovers in his South Carolina home. THE ASSOCIATED PRESS

Sports

More surgery for McGowan

Toronto Blue Jays right-hander Dustin McGowan will undergo arthroscopic surgery on his troubled right shoulder today. The procedure was scheduled after McGowan had his shoulder examined by orthopedic surgeon James Andrews in Birmingham, Ala., the team said in a release yesterday. McGowan recently felt sharp pains in his shoulder, the latest setback in a comeback attempt from labrum surgery in July 2008. THE CANADIAN PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Nieuwendyk, Lindros wait for news from Hall of Fame

NHL After a bumper crop of obvious choices entered the Hockey Hall of Fame last year, the debate is back on for the class of 2010.

Joe Nieuwendyk looks like a good bet, but what about Eric Lindros?

The 18-member selection committee is to gather today in Toronto to announce which players, officials or builders will be inducted into the Hall this year. The most likely candidates among those in their first year of eligibility are Nieuwendyk and Lindros.

Nieuwendyk, with his three Stanley Cups and 1,126 points in 1,257 NHL games, has a lot of support. However, opinion is sharply divided on Lindros.

Injuries held the Big E to only 760 NHL games. He terrorized goaltenders around the league at centre on Philadelphia's Legion of Doom line in the 1990s, but never won the Cup.

Lindros recorded 865 career points and won the Hart Trophy as the NHL's most valuable player in the lockout-shortened 1994-95 season. He also helped Canada to Olympic gold in 2002.

"Eric Lindros is a Hall of Famer," said former NHL coach Jacques Demers. "There was a period of time when he was the best player in the NHL. He was dominating."

Demers' take differs widely from much of the opinion expressed in the media in recent weeks, which points to Lindros' relatively short career and his failure to lead either the Flyers or any of his subsequent clubs to a championship.

Also, Lindros was hardly the most popular player, bucking the system by refusing to report to the junior Sault Ste. Marie Greyhounds after they drafted him and then doing the same to the Quebec Nordiques when they picked him first overall in 1991. THE CANADIAN PRESS

1st-year eligibles

- This year's group of first-year eligibles also includes Pierre Turgeon, who had 1,327 career points. John LeClair, who had 406 career goals, as well as 503-goal man Peter Bondra and 900-point scorer Tony Amonte are also in the mix.

Federer given real fright

Defending champ rallies past Falla in first round at Wimbledon

Six-time champion Roger Federer overcame a two-set deficit to avert a monumental first-round upset at Wimbledon, beating Alejandro Falla 5-7, 4-6, 6-4, 7-6 (1), 6-0 yesterday.

Federer has reached the tournament final each of the past seven years, but he barely survived the traditional opening match on Centre Court as defending champion.

"I live another day," Federer said. "This one is one I should have lost. That's sometimes how grass-court tennis works."

Falla, ranked 60th, had lost all 11 sets in his previous four matches against Federer, but the Colombian played brilliant tennis to take charge of the match early. The turnaround came in the fourth set with Falla serving for the match and three points from victory, when Federer broke for only the second time.

He played his best tennis of the day after that. It's the third time in a row he has won after losing the first two sets at a Grand Slam event, but the close call was a new experience in such an early round.

"You definitely feel uncomfortable," Federer said. "For me, it's not normal to be down two sets to love. Especially at Wimbledon and early on in Grand Slams, it's something I'm not quite used to."

JULIAN FINNEY/GETTY IMAGES

Roger Federer of Switzerland is shown in action during his first round match against Alejandro Falla of Columbia, yesterday in London on Day 1 of Wimbledon.

Triumph, defeat for Canadian women

- It was a mixed day for the Canadians in the women's draw. Aleksandra Wozniak of Blainville, Que., defeated Eleni Daniilidou of Greece 7-5, 7-5 while Stephanie Dubois of Laval, Que., dropped a 6-4, 6-4 decision to Kirsten Flipkens of Belgium.

No. 7-seeded Nikolay Davydenko also overcame a two-set deficit, along with Kevin Anderson's 36 aces, and won 3-6, 6-7 (4), 7-6 (3), 7-5, 9-7.

No. 5 Andy Roddick, who lost to Federer in last year's epic final, began his title bid by beating fellow American Rajeev Ram 6-3, 6-2, 6-2.

Roddick never faced a break point and committed only 10 unforced errors.

In women's play, five-time champion Venus Williams beat Rossana de los Rios 6-3, 6-2. THE ASSOCIATED PRESS

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Bruins, Oilers won't tip hands on draft plans

NHL The Edmonton Oilers and Boston Bruins, who own the top two picks in this weekend's NHL draft, have done all they can to evaluate top prospects Taylor Hall and Tyler Seguin.

Now the teams have to figure each other out.

The Oilers aren't saying which way they are leaning, hoping to extract some concessions from the Bruins in a trade that would allow Edmonton to still draft the player it wants at No. 1 overall. The Bruins insist that they will be happy at No. 2 with whichever skater the Oilers don't choose.

"Right now, as of today, we have one guy over the other. But it's very close," Bruins general manager Peter Chiarelli said yesterday in a conference call with reporters. "Nothing is really imminent now. There's no pressure. There's really no need to talk in detail right now."

Chiarelli said he spoke again with Oilers counterpart Steve Tambellini over the weekend, but until the deadline of the draft looms larger the conversations don't seem to be zeroing in on a deal.

Taylor Hall

Tyler Seguin

"We both don't want to play any cards to each other right now, if we have any to play," Chiarelli said. "I generally believe that Steve is of the same opinion of these players as me. I think we're both very noncommittal, and I know we are when we talk."

Hall and Seguin, who tied for the Ontario Hockey League scoring lead, are the consensus top two picks in the draft, but there's little to separate them. Seguin was the league MVP; Hall is the only player in the 92-year history of the Memorial Cup to win the tournament MVP in back-to-back years.

The Bruins are believed to covet Hall, a left wing who is represented by Boston legend Bobby Orr and would love to follow in his agent's footsteps. They would consider giving Edmonton something in exchange for allowing Hall to slip to second, but neither team will admit to a strong enough preference for them to agree on a price. THE ASSOCIATED PRESS

Sports in brief

PARADE Hundreds of thousands of screaming, fist-pumping, flag-waving fans saluted the world champion Los Angeles Lakers yesterday during a one-hour parade that left no doubt that expectations for a three-peat are high. The parade capped a season that ended Thursday with an 83-79 Game 7 victory over the Boston Celtics and a 16th NBA title for the Lakers.

AHL Claude Noel has been named the new head coach of the AHL's Manitoba Moose. The 54-year-old from Kirkland Lake, Ont., joins the Moose after three seasons as an assistant with the Columbus Blue Jackets. THE ASSOCIATED PRESS

SCOREBOARD

BASEBALL

YESTERDAY'S INTERLEAGUE RESULTS

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N.Y. Yankees at Arizona

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Health & Beauty

Fight pregnancy skin problems

HEATHER BUCHAN
for Metro Canada

It's no surprise that hormones play an important role in the condition of our skin. And that's why pregnant women in particular are prone to a host of unnerving skin changes including acne, pigmentation and stretch marks.

It's increased levels in estrogen and progesterone that allow for a viable pregnancy, but it's these hormones that can also wreak havoc on the skin.

According to Danielle Edwards, the education manager at The International Dermal Institute, what happens to our skin during pregnancy is essentially out of our control.

Although that's no great comfort, she adds that you can combat pregnancy-related skin conditions simply by adjusting your skincare routine and being diligent about moisturizing your entire body every day.

PIGMENTATION

The mask of pregnancy, formally called chloasma, mainly affects women with darker complexions. Essentially, it's discoloured patches of skin that form in a masklike configuration over the forehead, nose and cheeks.

This is because the cell that produces pigment, called the melanocyte cell, is controlled by estrogen, explains Edwards. The good news is that chloasma generally fades a few months after delivery.

Being diligent about moisturizing your body every day can help combat pregnancy-related skin conditions.

Pregnancy also makes women more prone to hyperpigmentation, so freckles and moles become darker and more noticeable. Sun exposure can intensify discoloration, so avoid prolonged sun exposure and be sure to always wear SPF when outside.

"If you haven't been protecting yourself from the sun, hyperpigmentation becomes more difficult to treat at the end of the pregnancy," says Edwards.

STRETCH MARKS

Most women develop stretch marks across their belly and breasts.

"These marks are caused by tiny tears in the tissue that lies just below your skin and enables it to stretch," explains Edwards.

Depending on complexion, stretch marks can be pink, reddish-brown or dark brown. Like pigmentation, stretch marks generally fade after delivery. But the key to keeping them under control is to keep the skin supple by hydrating. Although no cream will actually stop the tearing of the skin as it stretches, applying moisturizing creams will increase the integrity of the skin.

And, Edwards recommends applying vitamin E to any stretch marks you notice forming. "It's a great skin healer," she says.

ACNE

The increase in estrogen and progesterone can cause sebaceous glands to release more oil, resulting in breakouts. Edwards warns that women who are prone to breakouts during their menstrual cycles are more prone to acne during pregnancy.

"On the whole, the way your body was before will govern the way it is during pregnancy," says Edwards.

Edwards recommends washing your face with a gentle cleanser both morning and night, using an oil-free moisturizer (to avoid clogging pores) and using a mild exfoliator once or twice a week.

ADVERTISING FEATURE

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THE CONNECTION BETWEEN GUM DISEASE AND DIABETES

If you looked at all of the people you know, chances are pretty good that every one of us knows someone who suffers from diabetes. In 2005, it was estimated that **5% of Canadians suffered from diabetes.** And we have all heard how **increased levels of obesity and poor diets may be adding to that number**. In the United States, that figure recently rose to 8% of the American population.

Obviously, people who have diabetes have a number of health concerns related to their condition. One of those which may not be discussed very often is **periodontal or gum disease.**

Given that diabetes is the seventh most common cause of death amongst Canadians, it is understandable why its connection with periodontal disease would take a back seat. However, it is a concern that is well worth paying close attention to.

Periodontal disease takes two forms. The first is **gingivitis.** People with gingivitis may notice increased inflammation in their gums. At this early stage, treatment may involve little more than a professional cleaning , combined with increased vigilance with brushing and flossing.

Dr. Bao Nguyen
Dental Surgeon

If the condition advances to the **second stage, periodontitis**, problems can be more severe. This stage could actually involve bone loss and it may not be possible to save the teeth.

People with diabetes are more likely to suffer from gum disease, particularly if they are having trouble managing their condition. Diabetes can slow the circulation of blood throughout the body, including the gums. This makes the **gum tissue more susceptible to the infections that are associated with periodontal disease.**

In addition, the higher glucose levels found in the saliva can help promote the **growth of bacteria** in the mouth. Left untreated, this bacteria could prove to be the building blocks to periodontal disease. **If a person with diabetes is also a smoker**, the likelihood that they might contract periodontal disease increases even more.

We believe that **good oral hygiene is important** for everyone. However, it is that much more important for people with diabetes given their increased risk of contracting periodontal disease.

If you have diabetes, or any other health condition, make sure you inform your dentist. As a health care professional, this information is vital to ensure that your dentist is able to **provide you with the quality of health care you deserve**. Without this information, your dentist may not be aware of your increased risk to some oral health conditions.

Informing your dentist about your health can prevent this situation. Providing your dentist with all of the information s/he needs to treat you is a healthy habit…and healthy habits lead to healthy lives.

Dr. Bao Nguyen
- Dental Surgeon

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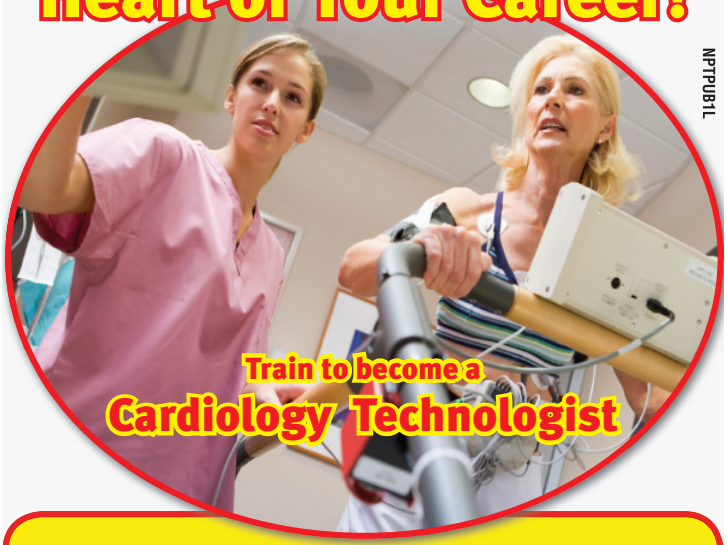

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Food

What's in a name?

A burger with your name on it will become a reality for one lucky beef lover with Harvey's latest contest. Until July 19, Canadians are encouraged to submit a name for the hamburger chain's newest premium, home-style patty served on a warm bistro bun. Visit Harveys.ca/facebook to offer your suggestion and an explanation, which makes you eligible to win $10,000. The new name will be announced on Aug. 16. METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

A warm match

Since it can be such a pain in the butt to grow – often promising heaven and then putting winemakers through hell – pinot noir has earned a reputation as the heartbreak grape. Even when it has the home vineyard advantage – as it does in France's Burgundy region – there's no guarantee of a happy ending.

That said; this fickle piece of fruit has surprised many by warming up to wineries in less traditional cooler climate areas like those in New Zealand and North America.

While the movie Sideways may have you thinking California is the only state squeezing some amazing juice out of pinot, the grape is the signature red of its northern neighbour Oregon; with the **Firesteed 2007 Oregon Pinot Noir** ($17.95 - $22.99) uncorking flowing cherry aromas and relaxed, soft strawberry-infused flavours.

Travel further north and across the border and you'll find some of the most impressive pinot on the continent growing in British Columbia. The value-priced **Mission Hill Family Estate 2008 Five Vineyards VQA Pinot Noir** ($16.45 - $17.99) offers loads of plump, ripe berry fruit.

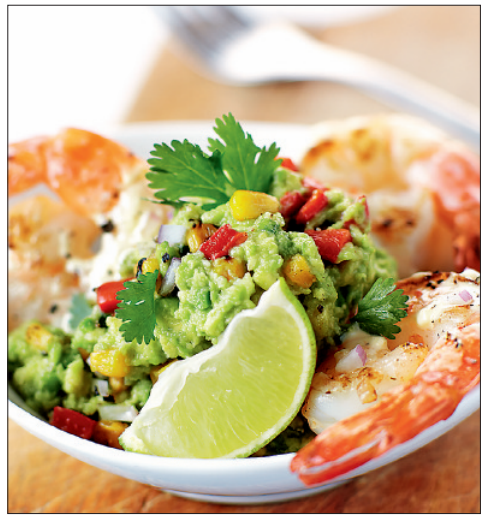
Pinot Noir is a great warm weather red; matching with grilled chicken and meatier fish as well as it does laid-back summer menus.

Prices reflect the range across the country. Some products may not be available in all provinces.

Personal Gourmet recipe of the month

ROSE REISMAN

Savory meal salads



Above: Spinach Salad with Candied Pecans, Pears and Brie. Right: Shrimp, Avocado and Feta Salad.

Spinach Salad with Candied Pecans, Pears and Brie

PREP TIME: 15 MINUTES
COOK TIME: 15 MINUTES

This is the number-one salad in my catering company. The sweet and savory combination of cinnamon-sugared pecans, ripe pears and small morsels of brie is sensational. There is very little oil in this, but you won't miss it.

You can easily make this a main meal salad by adding some grilled chicken or shrimp.

SERVES 8

INGREDIENTS:

- 1/3 cup pecan halves
- 3 Tbsp icing sugar
- ¼ tsp cinnamon
- 1/8 tsp allspice
- 1/8 tsp nutmeg
- 8 cups baby spinach leaves
- 1 cup diced radicchio
- 1 large ripe pear, peeled, cored and diced
- 2 oz brie, diced
- 2 Tbsp orange juice concentrate, thawed
- 2 Tbsp olive oil
- 1 Tbsp balsamic vinegar
- 1 tsp minced garlic
- ½ tsp liquid honey
- ½ tsp Dijon mustard

METHOD:

1. Preheat the oven to 350°F. Spray a baking sheet with cooking oil.
2. Rinse the pecans with cold water. Drain, but do not let them dry. Combine the icing sugar, cinnamon, allspice and nutmeg in a small bowl. Dip the pecans in the sugar mixture, coating them well. Spread on the prepared baking sheet.
3. Bake for 15 minutes in the center of the oven. Remove and cool. When they're cool enough to handle, chop coarsely.
4. Combine the spinach, radicchio, pear and brie in a large serving bowl.
5. Whisk the juice concentrate, oil, vinegar, garlic, honey and mustard together in a small bowl. Pour the dressing over the salad and toss to coat. Garnish with the candied pecans.

Per Serving: Calories 189; Protein 4.2 g; Fat 12 g; Saturated Fat 2.7 g; Carbohydrates 13 g; Cholesterol 9 mg; Sodium 105 mg; Fiber 2.6 g

Shrimp, Avocado and Feta Salad

PREP TIME: 15 MINUTES
COOK TIME: 3 MINUTES

This amazing salad is so filling you'll need only a small portion. Dice the avocado just before you're ready to serve, or squeeze some lemon juice over it to prevent browning if you prepare it earlier in the day.

Always be sure to weigh your shrimp after it has been peeled. For each pound of peeled shrimp, you need to purchase approximately 1¼ pounds of shrimp in the shell. Purchase cooked cocktail shrimp if you don't want to bother cooking raw shrimp.

SERVES 6

INGREDIENTS:

- 16 oz large shrimp, peeled and deveined
- 3 cups diced and seeded plum tomatoes
- 1 cup diced ripe avocado
- 1/3 cup chopped cilantro or parsley
- ¼ cup diced red onion
- ½ cup light feta cheese, crumbled
- 2 Tbsp olive oil
- 2 Tbsp freshly squeezed lemon juice
- 1 ½ tsp minced fresh garlic
- 1 tsp minced jalapeño pepper or 1 tsp hot sauce
- pinch salt and freshly ground black pepper

METHOD:

1. Spray a non-stick skillet with cooking oil and place over medium-high heat. Cook the shrimp just until pink, about 3 minutes. Remove from the heat, cool and dice.
2. Combine the shrimp with the remaining ingredients in a large serving bowl and mix thoroughly. Serve immediately.

Per Serving: Calories 229; Protein 19 g; Fat 13 g; Saturated Fat 3.6 g; Carbohydrates 6 g; Cholesterol 127 mg; Sodium 334 mg ; Fiber 2.6 g

About Rose

Rose Reisman is an author, media personality, nutritionist, and the inspiration behind a fresh food delivery service, Personal Gourmet, and new website, The Art of Living Well. Visit Rose at rosereisman.com & personalgourmet.ca

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Family Feud

Levi Johnston's attorney is taking exception with a blog kept by his client's sister, Mercede. Rex Butler says that while Mercede Johnston is free to write what she wants, she won't be privy to information from anyone with Team Levi. And Butler said Levi's team isn't sharing information about his plans, movements or other actions. THE ASSOCIATED PRESS

Entertainment

Growing Pains

It's news that might bring tears to the eyes of Justin Bieber's many faithful fans: the 16-year-old pop sensation admits his voice is changing. THE ASSOCIATED PRESS

EDITOR: DEAN.LISK@METRONEWS.CA

A way with words

Passionate rhymes fuel Canadian rapper

TheAudioFiles

Bryan Borzykowski
metronews.ca/music

When I heard D-Sisive's first EP, The Book, two years ago, I was absolutely floored.

The rapper, whose real name is Derek Christoff, spoke brutally honestly about his parents' death — his father died in 2006 of psoriasis of the liver; his mother passed away of breast cancer in 1997.

Since then he has developed a rabid fanbase and while he's a strong rapper, it's his passionate rhymes that he hopes people will remember him for. "I'm not trying to be the best rapper alive," he says tells Metro. "My goal is to be respected as a songwriter."

That's why he says he's been "harassing" Ron Sexsmith to sing on one of his records for years. "He's got a career that I pray I can have," says Christoff. "He's respected by the best songwriters in the world."

Sexsmith finally sang on D-Sisive's new record — Vaudeville — on the song Liberace, about homosexuality and having to hide your real self.

Christoff may have to put out a few more albums before Sexsmith fans such as Elvis Costello and Paul McCartney start singing his praises, but make no mistake, it's going to happen. D-Sisive doesn't focus on his parents' death, and self-sabotaging his first chance at a rap career (he was courted by majors in the early 2000s) like he did on his EP and subsequent two LPs, but his words are no less direct and thought-provoking.

The reggae-tinged Never Knew Me could be about a failed relationship, or perhaps he's looking back at his old, ego-driven self.

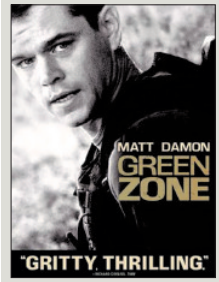
It also helps that he has a sense of humour. While his first records, especially The Book, were bleak, Vaudeville is full of pop culture references and genuinely funny moments.

D-Sisive's new album, Vaudeville, features guest vocals by Toronto singer-songwriter Ron Sexsmith. It is available today.

Christoff purposely made a lighter record, starting with the title of the disc. "When I referred to this record I said it will be my song and dance disc," he says. "It wasn't going to be another 'I'm so sad, no one likes me album' — I'm going to get happy and bring the jiggy back."

Bryan Borzykowski is a business and entertainment writer. Follow Metro Music on Twitter @TheMetroMusic

DVD picks



Green Zone

Director: Paul Greengrass

PAUL GREENGRASS IS part journalist and part action filmmaker, switching between docudramas such as United 93 to commercial blockbusters like the two Jason Bourne movies he's made with Damon. Both sides of Greengrass's personality are on display in Green Zone, which many people will understandably think of as "Bourne goes to Baghdad," especially in the explosive second half.

Damon plays Chief Warrant Officer Roy Miller (Damon), a U.S. Army stalwart tasked with rooting out and destroying WMD sites at the start of the Iraq War. This seems an almost comical job, viewed through the 20/20 lens of history.

When bust after bust comes up snake eyes, Miller becomes disillusioned with his work and suspicious of the reasons.

Much of this is informed by knowledge of how things actually turned out. But Greengrass and screenwriter Brian Helgeland, who has freely adapted Washington Post reporter Rajiv Chandrasekaran's book Imperial Life in the Emerald City, aren't seeking to make the angels and demons too obvious.

Damon acquits himself beautifully as Miller, convincingly playing a righteous Army renegade — he seems to have lowered his voice an octave to punch home his words.

It's only when Green Zone devolves into straight Bourne kinetics in the latter going that it seem less thoughtful and more commercial. Yet it still manages to drive home Miller's essential truth: "The reasons we go to war always matter."

Peter Howell/for Metro Canada

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		551 542 65	YTV	That's-Weird	Family Biz	Malcolm-Mid.	Hates Chris	8 Simple Rules	Family Biz	To Be Indie	Family Biz	Prank Patrol
	cable variety	570 580 29	MM	The Daily Fix		Ranked!		mmtop10.ca		Hammertime	Gimme Sugar	The O.C.
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		620 523 40	BVO	Live at the Rehearsal Hall		Callas Assoluta ★★ (2007, Documentary)				Spectacle: Elvis		Law & Order
		520 505 42	DIS	Daily Planet (N)		How It's Made	How It's Made	Destroyed	Destroyed	Deadliest Catch (N)		Daily Planet
		575 583 43	CMT	Amer. Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	Meet-Wilsons
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		600 564 49	H&G	House Hunters	Property Virgin	Design School		Sarah's House	Genevieve	House Hunters	House Hunters	Holmes-Homes
		627 528 50	SPC	Stargate Atlantis (DVS)		Doctor Who "New Earth"		The Listener (DVS)		Defying Gravity (DVS)		Stargate SG-1
		581 566 53	MTV	The Hills	After	Cribs	Parent Control	The City	The Hills	The Hills (N)	After	MTV Live
		618 524 54	TROP	Colin & Justin's Home Heist		Wife Swap (N)		Wife Swap (N)		Restaurant Makeover		Last 10
		522 506 55	HIS	Ancient Weather (HDTV)		Cities of the Underworld		Pawn Stars	Pawn Stars	MysteryQuest (HDTV) (N)		Weather
		129 773 60	CD	Biographies "Clive Owen"		Dévoré vivant (HDTV)		Voyage d'enfer (HDTV) Doc.		Experts en crime (HDTV)		Destr Expr
		261 394 61	V	Murder, She Wrote		May-December	When I Laugh	Due South ★★ (1994, Drama) Paul Gross, David Marciano.				Doc
		602 567 62	W	Kim	How Clean	Style by Jury	Beauty Call	Beauty Call	Style by Jury	Wall of Secrets (2003, Suspense)		
		269 350 70	APTN	Fish Out of	Mixed Blessing	renegadepress	Rabbit Fall	Arbor Live		Beyond Words	Chiefs/Champ	Tears
		621 527 71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show		The View (HDTV) (N)		The Dr. Oz Show (HDTV)		TMZ
		603 561 95	FN	Ricardo	Exotic	Dinner: Impossible		Chef Abroad	Chef Abroad	Chefs vs. City		Restaurant

critics'corner

The Good Wife

She's only after him for his body ... of knowledge. Alicia (Julianna Margulies) is working with Will (Josh Charles) on the appeal of a death-row inmate who was convicted on Peter's (Chris Noth) watch. To get some needed information on the case, she agrees to a conjugal visit with her imprisoned hubby. Christine Baranski and Archie Panjabi also star in "Conjugal." 10 PM on 13 CBS 3 GTV

Callas Assoluta

Before the word "diva" became synonymous with "popular female singer," it referred to a very specific kind of female singer: an accomplished operatic artist with a larger-than-life voice and presence. In other words, Maria Callas. This 2007 documentary remembers the Greek-born soprano, whom many consider one of the great voices of the 20th century, with lots of fascinating footage, including enough performance clips to delight any fan. 8 PM on 40 BVO

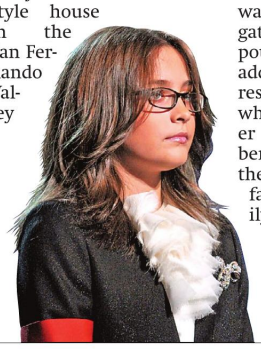
Audrina Patridge stalker to undergo psychiatric evaluation for choosing to stalk Audrina Patridge
A man arrested outside Audrina Patridge's home has pleaded no contest to stalking The Hills star and will undergo psychiatric evaluation. Deputy District Attorney Wendy Segall says Zachary Loring entered the plea yesterday in Los Angeles. THE ASSOCIATED PRESS

Celebrity Buzz

One year later, Jackson kids lead 'normal' lives

'NORMAL' BEING RELATIVE TO LIVING IN A PLACE CALLED NEVERLAND AND NOT BEING ABLE TO LEAVE IT WITHOUT WEARING A BLANKET ON YOUR FACE They are show business royalty, heirs of the King of Pop. Someday, they will be very rich. But a year after their father Michael Jackson's death, Prince, Paris and Blanket Jackson are normal kids full of fun and pranks, devoted to each other and to their grandmother who is their guardian, according to a lawyer who sees them frequently.

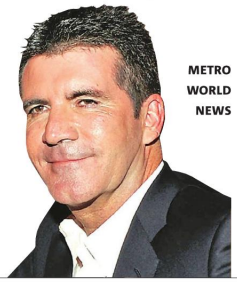
They talk about their father and his presence is everywhere in the ranch-style house in the San Fernando Valley where they live. Pictures and memorabilia adorn the walls. The gated compound has additional residences where other members of the family have lived over the years.



"The children are seemingly as normal as normal can be under pretty extraordinary circumstances," says Adam Streisand, the lawyer who represents Katherine Jackson and a frequent visitor to the compound where she lives with the children. He provided an account of life inside their guarded world in an interview with The Associated Press. THE ASSOCIATED PRESS

Cowell says 'I don't'

TYING THE NOT The thrill is reportedly gone for Simon Cowell and his fiancée, makeup artist Mezhgan Hussainy, according to the Daily Mail. "The relationship was red hot, and now it's only warm," sources say. "That said, I do not believe that they are in any way planning a wedding. They may still be together in two years' time, maybe even in three. But if I was to take a bet, I would be happy to put money on it that they will not be married. It's not part of the plan — and I've never been convinced that it ever really was."



METRO WORLD NEWS

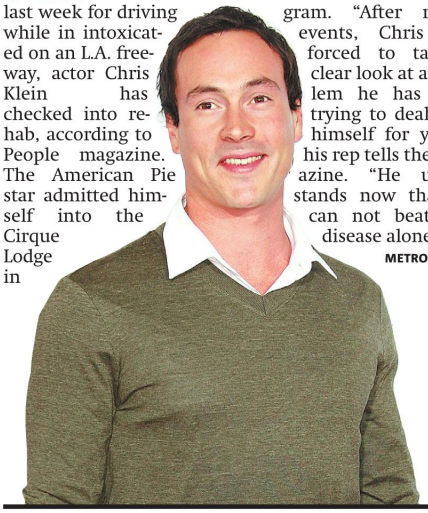
Prince Harry's back on the market

HEY, HARRY: I HEAR BOMBSHELL MCGEE IS STILL SINGLE After six years of on-again and off-again romance, Prince Harry and Chelsy Davy have called it quits, according to the News of the World. "We're finished," Davy reportedly told pals. "This is a new beginning for me. I want to start my career in South Africa where I plan to spend the rest of my life. I don't want to live in Britain." A source tells the newspaper that the split was a long time coming: "It was a gradual end to the relationship. It whimpered out."

METRO WORLD NEWS

Klein heads to rehab

MAYBE HE GOT TARA REID'S OLD ROOM After his arrest last week for driving while in intoxicated on an L.A. freeway, actor Chris Klein has checked into rehab, according to People magazine. The American Pie star admitted himself into the Cirque Lodge in Utah to undergo a 30-day alcohol treatment program. "After recent events, Chris was forced to take a clear look at a problem he has been trying to deal with himself for years," his rep tells the magazine. "He understands now that he can not beat this disease alone." METRO WORLD NEWS

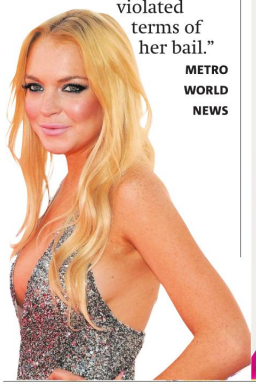


Heidi hires divorce lawyer, world rolls eyes

BUT THE LAWYER SAID THE PROCEEDINGS SHOULD BE SIMPLE SINCE NEITHER IS TECHNICALLY A HUMAN Despite claims that her split from Spencer Pratt is all for show, Heidi Montag is apparently serious enough about it to hire a divorce attorney, according to TMZ. The MTV reality star has reportedly picked attorney and family friend Jodeane Farrell to help her finalize the end of her marriage as quickly as possible under California law. METRO WORLD NEWS

Source: Lohan definitely drinking at MTV Awards

GET YOUR CREATIVE WRITING HATS ON, LOHANS: YOU'RE GONNA NEED TO COME UP WITH A NOBEL-CALIBRE EXCUSE FOR THIS ONE
Despite the fact that her test for alcohol in her system came back clean after the MTV Awards earlier this month, sources say Lindsay Lohan was definitely drinking the night her alcohol-monitoring anklet went off. "There was absolutely no doubt that Lindsay was drinking, and the report that the alcohol monitoring service provided to Judge Revel was very detailed and extremely reliable," a source tells Radar Online. "The report also says that Lohan's SCRAM bracelet had indeed been tampered with, and this is one of the reasons that Judge Revel determined that Lindsay violated terms of her bail." METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

LADY GAGA knows how to throw a party, **JEWEL** is keeping busy on tour, **SEAN "DIDDY" COMBS** is still bragging about something (he can't help himself), and **BEN STILLER** envies his pal.

@ladygaga Love my whiskey hangover+angry texts from my best friend who barely remembers her bday. DONT PUT ME IN CHARGE IF U DONT WANT IT DONE RIGHT

@jeweljk So excited-introducing my bus driver to hot yoga this morning-ha

@iamdiddy I'm in a great mood today people!!!! I'm alive!

@RedHourBen Lance Armstrong is the only guy in the world who can tweet while getting a massage and be cool.

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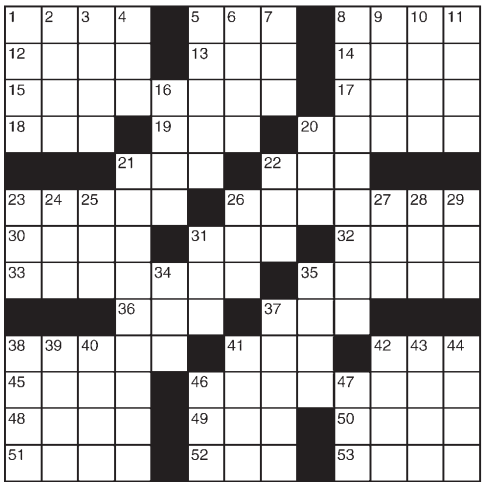


ACROSS

1 Bedouin
5 Spade or club, e.g.
8 Tel —
12 Pop flavor
13 "Born in the —"
14 Tardy
15 Blissful
17 Springlike melody
18 Moines preceder
19 Donkey
20 Dessert "there's always room for"
21 Not post-
22 Gear tooth
23 Passport endorsements
26 Re a city's leader
30 Hebrew month
31 Poke
32 Portrayal
33 In the not-too-distant future
35 Handle effectively
36 Joke
37 Pouch
38 The fifth element
41 Trench
42 Sapporo sash
45 Unoriginal one
46 Dating from long past
48 Indian princess
49 Blond shade
50 Frail
51 United nations
52 Tackle moguls
53 Inquisitive

DOWN

1 Served perfectly
2 Libertine
3 Swiss range
4 "Hum-bug!"
5 Pocket-book
6 Wife of Osiris
7 Lobbying grp.
8 Having hidden spiritual meaning
9 Colorado skiing mecca
10 "— have to do"
11 Kill a bill
16 Galley supply
20 Happiness
21 Pain reliever
22 Taxi
23 Anatomical duct
24 Bachelor's last words
25 "Casablanca" pianist
26 Potentially will
27 Shad product
28 The whole enchilada
29 Started
31 Binge
34 Rose-anne's TV hubby
35 Lightbulb measure
37 Cold rice recipe
38 Zinger
39 October birthstone
40 Nevada city
41 Put on the line
42 Sandwich cookie
43 Prejudice
44 Gross
46 Possesses
47 Possess

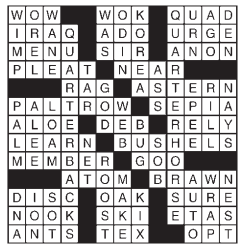
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

8		7	3		9	1		6
		6				8		
	4						3	
		5	8		4	2		
3								1
		2	9		6	7		
	8						2	
		4				9		
5		1	7		2	3		4

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



7	1	2	4	5	6	3	9	8
6	4	8	9	1	3	2	7	5
3	9	5	7	8	2	4	1	6
9	2	3	1	6	4	5	8	7
1	5	4	8	9	7	6	2	3
8	7	6	3	2	5	9	4	1
4	8	1	6	3	9	7	5	2
2	3	9	5	7	1	8	6	4
5	6	7	2	4	8	1	3	9

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Grilled Salmon Salad

INGREDIENTS:

8 cardamom pods, crushed
1 tsp cumin seeds
Grated zest and juice of 1 lime
Juice of 1 orange
1 tbsp soy sauce
1 tbsp honey
4 pieces skinless salmon fillet
4 cups mixed salad leaves
1 mango, peeled and cubed
1 papaya, peeled, seeded and cubed
1 orange, peeled and segmented
Salt and pepper

METHOD:

1. Heat small skillet over medium heat. Scrape seeds from cardamom pods; add to pan with cumin seeds. Toast for few seconds to release aromas and remove to shallow non-metallic dish.

2. Add lime zest and juice, orange juice, soy sauce and honey to seeds; add salt and pepper. Lay salmon in dish and turn to coat. Cover and marinate 30 minutes.

3. Preheat broiler. Place salmon on broiler pan and broil 4 to 5 minutes on one side only; salmon fillets should still be slightly translucent in centre. Meanwhile, pour marinade into small pot and bring just to boil.

4. Arrange salad greens on four plates. Scatter mango, papaya and orange over. Place cooked salmon on top and drizzle with warm marinade. Serve immediately.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton

sallybrompton.com For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
For every effect there must be a cause and your task today is to find out why certain less than welcome events occurred.

TAURUS ♉
APRIL 21-MAY 21
You may honestly believe that there is nothing you cannot do but don't get so carried away that you make an embarrassing mistake.

GEMINI ♊
MAY 22-JUNE 21
Try not to rely too much on other people today. They may sound convincing but they probably don't know what they are talking about.

CANCER ♋
JUNE 22-JULY 22
Something will catch you out or take you by surprise today, but chances are you won't mind. You'll try anything once — more if you like it.

LEO ♌
JULY 23-AUG 23
Be careful you don't agree to something that is not in your best interests. You may want to help others but it's your happiness that counts.

VIRGO ♍
AUG 24-SEPT 22
You are entitled to feel pleased with what you have achieved in recent weeks, but don't stop there. That was just the first stage.

LIBRA ♎
SEPT 23-OCT 23
You may think you know what you want but Uranus, planet of surprises, could upset your plans if you take anything for granted.

SCORPIO ♏
OCT 24-NOV 22
You seem to be finding it hard to put your thoughts into words at the moment, but that's okay because it's actions that count.

SAGITTARIUS ♐
NOV 23-DEC 21
You may have come through recent difficulties relatively unscathed but don't push your luck.

CAPRICORN ♑
DEC 22-JAN 20
Others may think that your ideas are mad, bad or even dangerous, but who cares about them? The more others complain the more you'll enjoy it.

AQUARIUS ♒
JAN 21-FEB 18
You have kept your passions under strict control in recent weeks, but now you need an outlet for all that pent-up emotional energy.

PISCES ♓
FEB 19-MARCH 20
You have taken a wrong turning and need to retrace your footsteps to the point where you wandered away from the path you were supposed to take.

This day in history

1825: The British Parliament abolishes feudalism and the seigneurial system in British North America.
1898: Spanish-American War: United States Marines land in Cuba.
1941: Germany invades the Soviet Union in Operation Barbarossa.
1962: An Air France Boeing 707 jet crashes in bad weather in Guadeloupe, West Indies killing 113.
1976: The Canadian House of Commons abolishes capital punishment.
1984: Virgin Atlantic Airways launches with its first flight from London Heathrow Airport. METRO NEWS SERVICES

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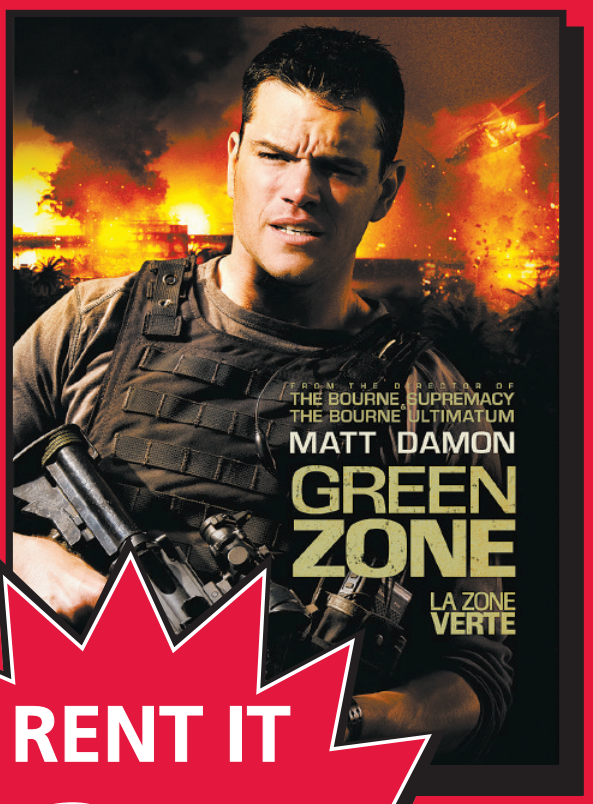

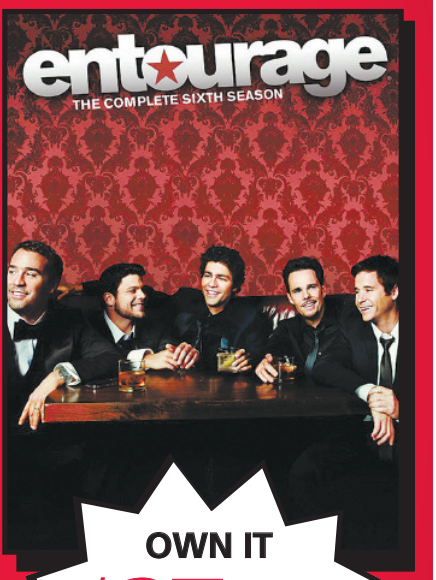

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